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The Expectant Father Audiobook: Facts, Tips, And Advice For Dads-to-be (New Father Series)





Synopsis

The best-selling, ground-breaking, information-packed guide for dads-to-be is now an indispensable audiobook, read by Armin Brott, who has been called America's most trusted Dad. With more than 1 million copies in print, this series includes "The New Father"; "Fathering Your Toddler"; and "Fathering Your School-Age Child".

Book Information

Series: New Father Series

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Average Customer Review: 4.1 out of 5 stars Â See all reviews (578 customer reviews)

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Customer Reviews

As a first-time father approaching the due date, I have read several books for new dads to get myself at least somewhat prepared for this major life transition. I have generally been disappointed by other books because they were too low on content (The Pocket Idiot's Guide to Being an Expectant Father) and/or very high on stupid, often crass, jokes (The Guy's Guide to Surviving Pregnancy, Childbirth and the First Year of Fatherhood; The New Dad's Survival Guide). The driving assumption for these books seems to have been that men are stupid and require juvenile humor to remain engaged. Thankfully, Armin Brott's "The Expectant Father" is an exception to that rule. The greatest asset of the book is its comprehensive nature. Brott covers it all, month by month. He discusses countless physiological, psychological, emotional, and logistical issues that are likely to confront most new parents, specifically speaking from the perspective of the father. There were a few times when my wife would read a paragraph or two over my shoulder, and she was surprised to actually read some information that she had not read in any of the eight pregnancy books that she had already finished. I appreciated the fact that Brott seems to assume that there are thoughtful,

intelligent men out there who want to learn as much as possible to help their wives as much as possible through pregnancy and to transition well into fatherhood, and he offers substantial information accordingly. My primary critiques of this book actually resonate with many who gave it a one-star rating.

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